

ABOUT THE PEOPLES COOK

ThePeoplesCook unites cross-cultural cooking & interdisciplinary art to promote well-being.

The Peoples Cook invites audiences to feed & be fed. We encourage participants to take an active role in an exchange of food, stories & recipes, reconnecting culture and art.

The Peoples Cook tours the world, bringing the funny to foodie in cities such as Chicago, Phoenix, Philadelphia and San Francisco, among others.

We work in diverse communities, and create cross-cultural, interdisciplinary, participatory arts activities. We incorporate local artists and community members into our residencies to spark & sustain dynamic community engagement.

a taste of our programs



Power to the People happenings

events from small to large scale to get people cooking, thinking, and nourishing themselves - all with samples of food, music, and comedy.



Viva la Soul Power! PopUp Performance

delight diners with an interactive art installation, an integrated performance, and a delicious, full meal.



Cook, Eat, Together Workshops

participants learn practical cooking skills while telling cultural stories. Suitable for students ages 7 - 70.

Our residencies last from 2 weeks to 6 months, depending on the chosen programming activities. We take a multi-platform approach, offering various programs to suit your needs. A typical residency incorporates at least 2, if not all, of our programs.

did You know

We are currently the subject of a pilot study at Arizona State University where professors from Nursing & Health Innovation, the School of Nutrition & Health Promotion, and the School of Theatre & Film are measuring whether art can affect the attitudes and behaviors towards health in participants ?



Currently Touring

Viva La Soul Power!

a storytelling and performance project promoting cooking as a cultural movement to combat the rising epidemic of Type 2 Diabetes and improve the world's health.

in 2011,
we served

X 5000+

people from diverse communities in terms of culture, race, gender, age and geographic location from cities all over the U.S.



More? Questions? Connect!

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